

2021 Michigan Level 7 – 10 & Xcel Platinum/Xcel Diamond
State Meet
Schedule of Events

FRIDAY

Modified Capital Cup

Session 4: XCEL DIAMOND (ALL AGE GROUPS)

DOORS OPEN	7:45am
CHECK IN/GENERAL STRETCH	8:00am
INTRODUCTIONS	8:20am
TIMED WARM UP	8:30am
COMPETITION BEGINS	8:46am
AWARDS	11:30am

Session 5: LEVEL 8 (CH. A, JR. A, SR. B)

DOORS OPEN	11:45am
CHECK IN/GENERAL STRETCH	12:00pm
INTRODUCTIONS	12:20pm
TIMED WARM UP	12:30pm
COMPETITION BEGINS	12:42pm
AWARDS	2:45pm

Session 6: LEVEL 8 (JR. B, JR. C, SR. A)

DOORS OPEN	3:00pm
CHECK IN/GENERAL STRETCH	3:15pm
INTRODUCTIONS	3:35pm
TIMED WARM UP	3:45pm
COMPETITION BEGINS	3:57pm
AWARDS	6:00pm

Session 7: LEVEL 8 (CH. B, CH. C, SR. C)

DOORS OPEN	6:15pm
CHECK IN/GENERAL STRETCH	6:30pm
INTRODUCTIONS	6:50pm
TIMED WARM UP	7:00pm
COMPETITION BEGINS	7:12pm
AWARDS	9:30pm

