

2021 Michigan Level 7 – 10 & Xcel Platinum/Xcel Diamond
State Meet
Schedule of Events

SUNDAY

Modified Capital Cup

Session 11: LEVEL 9 (JR. B, JR. C, SR. B)

DOORS OPEN	7:45am
CHECK IN/GENERAL STRETCH	8:00am
INTRODUCTIONS	8:20am
TIMED WARM UP	8:30am
COMPETITION BEGINS	8:45am
AWARDS	10:50am

Session 12: LEVEL 9 (JR. A, SR. A, SR. C)

DOORS OPEN	11:15am
CHECK IN/GENERAL STRETCH	11:30am
INTRODUCTIONS	11:50am
TIMED WARM UP	12:00pm
COMPETITION BEGINS	12:15pm
AWARDS	2:20pm

Session 13: LEVEL 10 (ALL AGE GROUPS)

DOORS OPEN	2:45pm
CHECK IN/GENERAL STRETCH	3:00pm
INTRODUCTIONS	3:20pm
TIMED WARM UP	3:30pm
COMPETITION BEGINS	3:48pm
AWARDS	6:15pm