

2021 Michigan Level 7 – 10 & Xcel Platinum/Xcel Diamond
State Meet
Schedule of Events

THURSDAY

Modified Capital Cup

Session 1: XCEL PLATINUM (CH. A, CH. C, CH. D, JR. A)

DOORS OPEN	9:45am
CHECK IN/GENERAL STRETCH	10:00am
INTRODUCTIONS	10:20am
TIMED WARM UP	10:30am
COMPETITION BEGINS	10:42am
AWARDS	1:25pm

Session 2: XCEL PLATINUM (JR. C, JR. D, SR. A, SR. C)

DOORS OPEN	1:45pm
CHECK IN/GENERAL STRETCH	2:00pm
INTRODUCTIONS	2:20pm
TIMED WARM UP	2:30pm
COMPETITION BEGINS	2:42pm
AWARDS	5:35pm

Session 3: XCEL PLATINUM (CH. B, JR. B, SR. B, SR. D)

DOORS OPEN	6:00pm
CHECK IN/GENERAL STRETCH	6:15pm
INTRODUCTIONS	6:35pm
TIMED WARM UP	6:45pm
COMPETITION BEGINS	6:59pm
AWARDS	9:55pm